

Your Personal Equipment for Camping		
<b>April Back Pack trip requirements</b>		v list
<b>Back Pack</b>		
	4000 cubic inch External	
	4800 Internal	
	Back Pack Rain Cover	
	(3) 1 gallon zip lock bags	
<b>Sleeping</b>		
	sleeping bag in Stuff sack	
	sleep clothes - T shirt and gym shorts	
	Straps to hold sleeping bag	
	Foam pad Therma Rest	
<b>Hiking Clothes</b>		
	<b>Layer A</b>	
	Hiking boots ( for our May trip tennis shoes are fine)	
	(2) pairs of Heavy socks	
	(1) pair of underwear change	
	Hiking Shorts	
	Short sleeve shirts (not nylon)	
	Hat or cap	
	<b>Layer B</b>	
	(1) long sleeve shirt Mosquito control	
	(1) long pants Mosquito control	
<b>Eating</b>		
	deep bowl (small Plastic)	
	Cup	
	Spoon fork Knife	
	Camel back and Water bottle	
<b>Personal</b>		
	Small pocketknife	
	compass	
	Small flashlight Large are too heavy	
	lip balm	
	soap	
	toothbrush/tootl paste	
	small towel	
	Sun Screen	
	sunglasses (inexpensive)	
	Insect repellent	
<b>Optional</b>		
	Camera	
	whistle	
	watch	
	rubber bands	
	foot powder in baggie	
	Pen and paper	
	Scout book	
	Foil Blanket	